



Two Candles:

A Ritual for Calling in Love

A ritual is a symbolic representation of what you long for. In this case, you want a loving, lasting, fulfilling relationship, someone to spend a long, happy, and meaningful life with.

This ritual is going to help bring you and this person together!

The simplest way to do this ritual is to light two candles and move them closer together, symbolizing you moving towards each other and finding one another. That would work.

But what works better, is adding layers to that!

Below are several suggestions of layers to add together, both before and during your ritual – pick and choose which ones are most appealing to you.

Use wine glasses as candle holders – The associations are obvious. Sharing a romantic glass in front of the fireside. What could be better? Your “candle holders” will do double-duty once you and your love are together...

Go to the thrift store and buy a matching set of wine glasses. Use craft sand (or a little sand from the beach) in the bottom to protect them from heat damage. Then add a tealight to each glass.

Why buy new ones? The idea of “buy in,” of investing in something by outlaying even a modest sum, is a symbol of commitment. It shows the Universe that you are willing to do your part, even go out of your way (by going to the store) to make this dream a reality. **The Universe always responds positively when we demonstrate our willingness in concrete ways.**



Add a scent – Scent is magical! Smell can bring back an association or memory more powerfully than any other of the five senses. Why use it here? To carry your intention with you and reinforce it in the hours in between, when your candles aren't burning.



Select a scent different than you ordinarily wear. Choose one that reflects some aspect of the relationship you're looking for. Choose a scent you associate with feeling loving, or "at home," or passionate.

When you smell it throughout the day, remind yourself that love is coming to you.

Or use it with an affirmation...

Use an affirmation – An affirmation is a simple sentence, phrased in the positive. **An affirmation is a focusing tool** – it keeps your eyes on the prize. It also acts as a way to banish doubt and get you out of the habit of dwelling on being alone (and/or the lack of eligible bachelors.)



The right someone is out there, and they are looking for me as much as I'm looking for them, and every day we come closer to one another. We will find each other, and soon.

Which brings us to the next layer...



What are you looking for? -

Spend some time journaling or pondering what exactly it is you're looking for in a significant other. You can do this during the ritual, while the

candles are actually burning, or in the hours in between. There's never any guarantee that you'll get all the things you ask for, but knowing what you value going into a search makes it that much easier to recognize it when you find it!

Clear the deck – When something we long for is a long time coming, there are often energetic blocks standing in the way of making it happen.



Sometimes these are old wounds that need healing. Sometimes they are negative mindsets and limiting beliefs (“I’m no good at relationships” for example) that need to be explored (and hopefully released) in order to move forward.

So spend a little time with your journal diving into these things. Not everything has to be cleared up in order for love to come into your life! Even just a little probing can be the energetic shift required to make things happen.



Or, if journaling isn't your thing, spend some time at the beach (or waterside) throwing rocks. Nothing feels better than throwing away the past while literally throwing rocks!



Let the moon help you – This last layer can be the most powerful. It brings the moon in as a natural ally.

There are symbolic meanings applied to the phases of the moon. A waning moon is good for getting rid of the things that no longer serve us. A waxing moon naturally brings in what we need and want as it grows bigger each night.

By aligning your ritual to the phases of the moon, Nature herself becomes a reminder that love is coming to you. Every time you look up at the moon and see that it's grown a little bigger, you reinforce that knowing, that trust, that your love and you are on the path to connecting.

That's some powerful stuff right there!

We'll go into detail below on just how to use the moon to call in love...

A Ritual for Calling in Love

(what to actually do)

Preparation

Begin at the full moon. Begin journaling, or spend time at the beach, with the intention of releasing those energetic blocks. Be gentle with yourself as this can stir up a lot of stuff, but remember, too, that the more you stir up, the more that energy goes into making your ritual more powerful.

Purchase your wine glasses and candles, and choose your scent.

Create sacred space

On the night of the new moon, when the sky is completely dark, set up your candles. You can set them up on a desk, a table, a mantle, or even a windowsill. **Place them a little over a foot apart.**

If space permits, you can add items to this space that symbolize and reflect the relationship you want. Hearts for love are most obvious, but try to add objects that have personal meaning.

(For example, if it were mine, I'd add a hedgehog because sweet little hedgehogs make me feel a very particular kind

of love that is caring and warm, something I want in an intimate relationship.)

Declare the Reason for Your Ritual

Light your candles and recite your affirmation:

The right someone is out there, and they are looking for me as much as I'm looking for them, and every day we come closer to one another. We will find each other, and soon.

Keeping your candles far apart, think about the night sky and how dark and barren it is without the moon. Gently connect with how lonesome it is not to have romantic love in your life. Feel around it, dwelling on all the things you discovered in your journaling and everything you released in the last two weeks.

Those things are done and over now.

Repeat your affirmation:

The right someone is out there, and they are looking for me as much as I'm looking for them, and every day we come closer to one another. We will find each other, and soon.

If you're using one, apply your scent NOW.

Turn your mind towards **the fact** that the moon will grow in the next few weeks, that **it already is**, even if you can't actually see it.

So, too, is the love of your life coming towards you...even if you can't actually see it.

Trust in this fact in the same way that you trust that the moon will grow to full in the upcoming days. Feel the joy of knowing that love is coming to you!

(Note: if troubling thoughts come up or if you find yourself doubting, don't panic. Instead, acknowledge the thought. Admit what you're thinking, even if it's "Oh, but all those failures..." or something similar. Give those doubts space **then gently banish them**. Breathe in your scent and say something like "That was before.")

When you're feeling strong and joyful about the prospect of love, move the candles closer to one another – just a half inch or so. (I know you want to rush it, but slow change is lasting change.) Repeat your affirmation:

The right someone is out there, and they are looking for me as much as I'm looking for them, and every day we come closer to one another.

We will find each other, and soon.

Spend time journaling around what you're looking for in a mate. Be specific.

(I did this when looking for a business buddy, and looking back on it, the person I chose met at least $\frac{3}{4}$ of the things I wanted, and I know that because I have the list to look back on. **Writing that list primed me to accept the right person when they showed up.** I know it isn't quite the same, but the idea is similar and sound! Trust me – don't skip this step!)

Let the candles burn for a little longer. A typical tea light will burn for six hours, so you can spend 10-30 minutes each night without running out of wax.

Close Your Sacred Space

Repeat your affirmation one last time:

The right someone is out there, and they are looking for me as much as I'm looking for them, and every day we come closer to one another.

We will find each other, and soon.

Extinguish your candles. If you can, leave them set up. If that's not an option, try to mark how close they were to one another so you can put them in the same spot the next night.

Repeat these steps every night (or as many nights as you can) until the night of the full moon.

Wear your scent and repeat your affirmation as necessary.

Try to get a look at the moon at least once a night, and while staring up at it, send a hello to your love. Let them know you're looking for them. Tell them you trust that they're looking for you, too. Reassure them that you'll be together soon!

Full moons are for celebrating fullness and acknowledging gratitude. On the last night of lighting candles, they should be touching. Really feel that gratefulness. Whisper into the night "Soon, my love" and extinguish your candles for the last time.

After the full moon, let this go. Try not to dwell too much on it. Use your affirmation and your scent as necessary, but allow the Universe to do its thing. A watched pot never boils, and a Universe micromanaged never works out as well as one allowed to work for your ultimate good.

Just remember that like the moon, things are happening even when you can't see it.